



Whole Food Nutrition Certificate Course
Southern California University of Health Sciences
Room M-41

Saturdays 1pm to 7pm & Sundays 8am to 2pm

See specific dates below

2011 Whole Food Nutrition Certificate Course

This ground-breaking new certificate program on whole food nutrition will be offered at SCU starting this June. There will be eight weekend sessions and a final comprehensive examination leading to a certificate in Whole Food Nutrition. You will learn the fundamentals of whole food nutrition philosophy, including the nutritional content of food grown locally, the difference between organic and commercial farming, how different farming methods affect the nutrient content in food, and how government agencies also affect our food quality.

Each session reviews major biochemical and physiological mechanisms, the role of nutrients within specific systems, and focuses on advanced principles of whole food nutrition and supplementation within the clinical setting. Special attention will be paid to the role of phytonutrients in the support of patients with specific health conditions and how to help them achieve overall balance and well-being. Additionally, students will gain a deeper understanding of the symptom survey, nutritional examinations, diagnostic methods, and basic implementation of whole food nutrition in a health care practice.

Eight Sessions:

- **June 25 & 26:** Introduction to Whole Food Nutrition / Neuromusculoskeletal System Support
- **July 30 & 31:** Whole Food Nutrition Basics / Digestive System Support
- **August 27 & 28:** Cardiovascular System Support (@ the Anaheim Marriott)
- **September 24 & 25:** Liver Health, Toxicity, and Purification
- **October 29 & 30:** Endocrine System Support
- **November 19 & 20:** Pediatric Health
- **December 17 & 18:** Aging Well and Geriatric Health
- **January 21 & 22:** Immune System Support, Course Review & Examination

Course Fees: Early Bird Registration: \$159/weekend (must be received two weeks before seminar); \$199 if received less than two weeks prior to seminar. **Students: FREE!** **Registration:** Contact the School of Professional Studies professionalstudies@scuhs.edu or (562) 902-3373 or (562) 902-3388 and the Fax number is (562) 902-3306.



Dr Joseph Olejak, DC.

- **1989 Graduate**
Palmer College of Chiropractic
- **Adjunct Faculty**
Texas Chiropractic College
University of Connecticut at Bridgeport
- **Whole food nutrition expert**
- **Featured speaker**
State conventions
National nutrition programs
- **Author**
"Synergistic Therapeutics"